

You are Enough™ post-questionnaire

Mandatory questions are marked with a star (*)

Information

The purpose of collecting this post-questionnaire is to better understand impact of crimes of sexual violence on children and their families, to evaluate You are Enough™ peer support groups, and to develop and improve further the groups.

This survey is to be completed after your participation in the You are Enough™ peer support group. There are 31 questions, and it will take approximately 15-20 minutes to complete. You will also be asked to complete a service-user feedback form.

Responding to this survey is completely anonymous. All data of this survey will be done in respect of your privacy. Neither you nor your child can be identified based on your answers.

Answering this survey may evoke overwhelming and difficult feelings. In case you experience distress of any kind whilst answering, please pause your participation and seek support from your local health care providers or crisis services.

This document has been produced with the financial support of the Citizens, Equality, Rights and Values Programme (CERV) Programme (2022) of the European Union. The contents herein are the sole responsibility of project partnership and can in no way be taken to reflect the views of the European Commission.

1. Please confirm that you have read and understood the information above, you are over the age of 18, and you voluntarily take part in responding to this survey *

I have read and understood the information above. I confirm that I am over the age of 18 and I voluntarily take part in responding to this survey.

This survey is for collecting information and to measure change in well-being before and after the You are Enough™ peer support group.

Instructions:

In case more than one of your children has fallen victim to a sexual crime, please provide an average or general response or consider one of the children (whose wellbeing is perhaps the most relevant reason related to your attendance to You are Enough™ group).

In case your child has fallen victim to multiple cases of sexual crime, please provide an average or general

response or consider the most relevant case related to the reasons you have attended to You are Enough™ group when responding.

2. I agree that the responses I submit can be used in the future for developing the You are Enough™ groups, a manual and for communicating about the groups. All communication is done respecting your privacy, completely anonymously, and neither you nor your child can be identified based on your answers. *

- Yes
- Not at this time

3. Please write in the box below your personal code which you created when you responded to the pre-questionnaire before the group started. As a tip we asked you to for example combine two words, places or numbers that are important to you and write it down in a safe place for yourself. (We also suggested that you can e-mail the code you've come up with to yourself with a subject Personal code, so you can find it easily when you fill out the post questionnaire). Using the same code for both pre and post questionnaires allows us to measure change without the research team identifying the respondent.

4. You attended the You are Enough™ group in the following country: *

- Finland
- Sweden
- Ireland
- The UK
- Other country, which?

5. Did the sexual crime against your child involve digital environments? (Online grooming, sexual offenses partially or entirely conducted online, or sexual crime offline but images/videos shared later online)?

- Yes
 - No
 - I don't know, could you please tell us more?
-

6. (if answered yes) What was the online element of the crime against your child?

- Grooming process online
 - Sextortion (= the practice of extorting money or sexual favours by threatening to reveal evidence of their sexual activity)
 - Part of the sexual violence happened online (and part of it offline)
 - All parts of sexual violence against my child happened online
 - The sexual violence happened offline but video/image material of it has been circulated online
 - Something else, what?
-

7. Have any video material /images of sexual crime against your child been circulated online?

- Yes
- No
- I don't know

8. If you answered yes or I don't know, tell us how this has affected your child, yourself or other family members?

9. Have you received any other support while partaking in the You are Enough™ group?

- Yes
- No

10. (if you answered yes for receiving support) What kind of support have you received?

- Discussions with social worker / family worker
- Discussions with a nurse
- Psychotherapy, what kind of psychotherapy?
- Other therapy, what kind of therapy?
- Other support, what?

11. (if you answered yes for receiving support) When did you start and how often do you receive this support?

12. How helpful has the other support been? (On a scale from 1 to 5, where 1 means very unhelpful and 5 means very helpful)

	1	2	3	4	5	
Very unhelpful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very helpful

13. What is the current stage of the criminal case regarding sexual crime against your child? (choose the most relevant one)

- No report to police made
- Has been reported to police, but no action taken yet
- Has been reported to police but police won't proceed to investigation
- Has been reported to police, no further action due to offender being under the age of criminal liability
- Pretrial investigation in process by police (For example child and/or parent been interviewed, waiting for other action)
- Pretrial investigation completed, not proceeding to trial
- Pretrial investigation completed, proceeding to trial or currently in trial
- Criminal case/trial completed; offender found guilty
- Criminal case/trial completed; offender found not guilty
- Trial completed (found not guilty); case proceeding to court of appeal
- Trial completed (found guilty); case proceeding to court of appeal
- Court of appeal completed (found not guilty); case proceeding to supreme court
- Court of appeal completed (found guilty); case proceeding to supreme court
- Other, please explain
- I don't know, please tell more

14. How would you rate your own overall mental wellbeing (on a scale from 1-5, where 1 means extremely poor and 5 means extremely good)

	1	2	3	4	5	
Extremely poor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extremely good

15. Has your wellbeing worsened/improved/stayed the same since starting the group?

- Worsened
- Somewhat worsened
- Stayed the same
- Somewhat improved
- Improved

16. How has the group affected your mental wellbeing?

17. How have the following areas related to You are Enough™ group influenced your wellbeing? (on scale 1 to 5? Where 1 means influenced extremely negatively on my wellbeing, 3 means no impact, and 5 means influenced extremely positively on my wellbeing)

	Extremely negatively	Negatively	No impact	Positively	Extremely positively
Receiving support from others in similar situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving support from the facilitators	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being able to share difficult thoughts and feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Learning about new tools and coping mechanisms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding myself better	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Understanding my child better	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving information about trauma symptoms and healing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving information about criminal processes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving information about support systems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other reason related to the group:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Legal proceedings (or decisions) related to sexual crime against my child/ren	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other reason not related to the group:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

18. How are you coping in everyday life as a parent (on a scale from 1-5, where 1 means extremely poorly and 5 means extremely well)

	1	2	3	4	5	
Extremely poorly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extremely well

19. How hopeful do you feel about the future (on a scale from 1-5 where 1 means not hopeful at all and 5 means extremely hopeful)

	1	2	3	4	5	
Extremely hopeless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extremely hopeful

20. How would you rate your ability to support your child/ren who has/have become victim of crime? (on a scale from 1-5, where 1 means extremely difficult and 5 means extremely easy)

	1	2	3	4	5	
Extremely difficult	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extremely easy

22. How would you rate the current quality/ quantity of your social life? (on a scale from 1-5, where 1 means extremely poor/infrequent and 5 means extremely good/frequent)

	1	2	3	4	5	
Extremely poor/infrequent	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extremely good/frequent

23. How would you rate your current physical health? (on a scale from 1-5, where 1 means extremely poor and 5 means extremely good)

	1	2	3	4	5	
Extremely poor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Extremely good

24. If applicable, how well do you understand the criminal processes regarding the ongoing/completed case of crime against your child? (on a scale from 1-5 where 1 means extremely inadequately and 5 means extremely well)

1 2 3 4 5

Extremely inadequately Extremely well

25. How well do you understand your child/ren's or your own trauma symptoms? (on a scale from 1-5 where 1 means extremely inadequately and 5 means extremely well)

1 2 3 4 5

Extremely inadequately Extremely well

26. What have you found most challenging since finding out about the crime against your child/ren?

27. What has helped you, your child/ren and the whole family to get through the most difficult times?

28. How would you rate your child's (victim) current wellbeing? (on a scale from 1-5, where 1 means extremely poor and 5 means extremely good)

1 2 3 4 5

Extremely poor Extremely good

29. My participation in the group has impacted my child's (victim) wellbeing in general (on scale from 1 to 5 where 1 means influenced extremely negatively on my child's wellbeing, 3 means no impact, and 5 means influenced extremely positively on my child's wellbeing)

1. Extremely negatively impacted, tell us how?

2. Somewhat negatively impacted, tell us how?

3. No impact, tell us more?

4. Somewhat positively impacted, tell us how?

5. Extremely positively impacted, tell us how?

30. How would you rate the whole family's current wellbeing and situation at the time of answering? (on a scale from 1-5, where 1 means extremely poor and 5 means extremely good).

1

2

3

4

5

Extremely poor

Extremely good

31. Would you like to tell us something else we have not asked yet or to clarify some of your previous answers?

In case you experience distress whilst answering, please seek support from your local health care providers or crisis services.