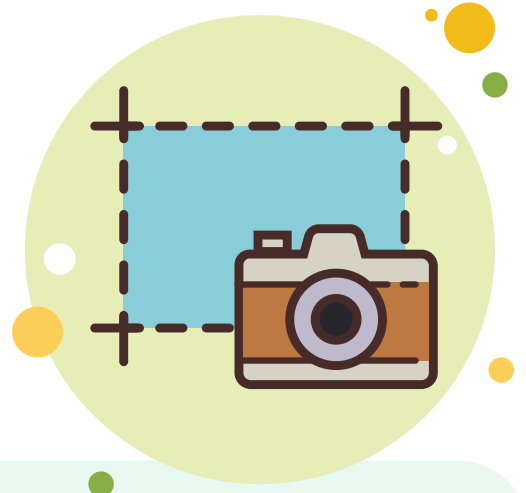


# LET'S PRACTICE TAKING SCREENSHOTS TOGETHER!

It is important for a child to know in advance how to act when encountering different situations and content in digital environments.

With a screenshot, it is significantly easier for a child to tell you about both pleasant and unpleasant situations that they have encountered online.

Practicing taking screenshots at an early stage also helps when encountering challenging situations as the child grows up.



- 1 Tell the child that it is possible to encounter strange, confusing, and even scary things in digital environments. Providing opportunities for open discussions helps to protect the child.
- 2 Advise the child to take a screenshot in confusing situations and to show it to an adult, to as many until they receive help. (The screenshot should never be sent!)
- 3 Practice taking screenshots together by always starting with nice and pleasant things first.



Practice makes perfect and through repetition it will be easier for the child to remember to take a screenshot also in sudden confusing or scary situations.

Remember to always praise the child when they tell you about their experiences in digital environments, also the most unpleasant ones.

## TIP!

Did you know that it is possible to take screenshots on different types of digital devices, even gaming consoles? Practice taking screenshots together on different digital devices.



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Protect Children